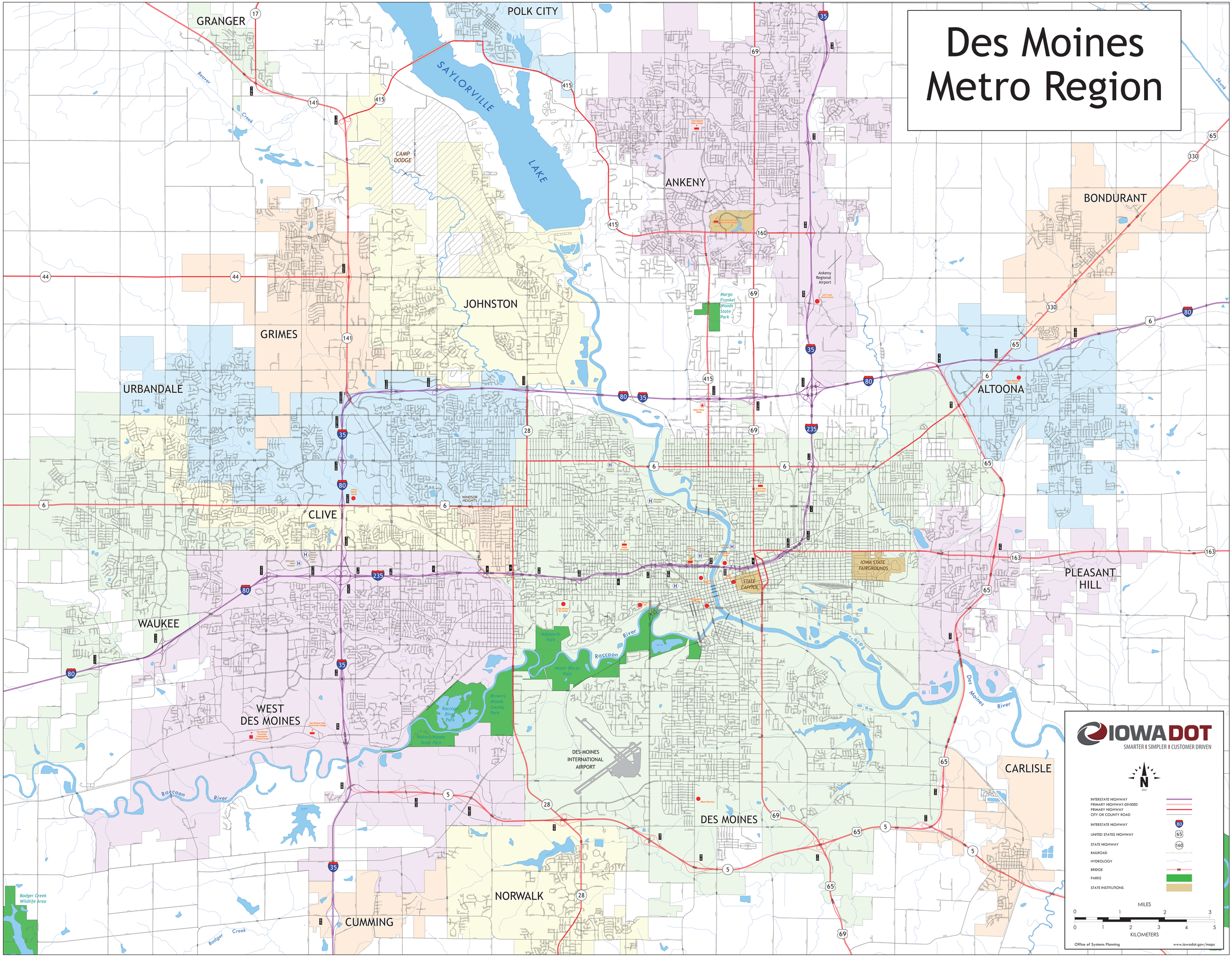Des Moines Metro Region